

## SCHOOL HEALTH ADVISORY COUNCIL BY-LAWS

Revised 6/24/07

**The committee:** The School Health Advisory Council shall be appointed under and governed by this section. The committee is established under the Sterling City Independent School District Board of Trustees and is mandated by the State of Texas.

**Purpose:** The purpose of the School Health Advisory Council is to provide assistance to the Board of Trustees of Sterling City Independent School District in establishing a leadership role in the support of an overall school health program.

**Mission:** To be an advisory group of individuals who represent segments of the community and school to act collectively by providing advice to the school system on aspects of the school health program as mandated by the Texas Legislature.

**Vision:** By addressing the student's overall health, we hope to improve quality of life and decrease the risk of heart disease, diabetes, hypertension, cancer and obesity and promote life-long positive health behaviors.

**Goals:** We will help the Sterling City Independent School District offer an opportunity to provide services and knowledge necessary to enable children to be productive learners and to develop the skills to make decisions concerning healthy lifestyles for the rest of their lives by:

1. Helping the Sterling City Board of Trustees to stay informed of important health education and legal issues so that appropriate local action can be taken.
2. To help provide information to increase awareness of healthy living habits for nutrition and physical activities.
3. To emphasize Healthy Schools = Healthy Kids = Successful Citizens

**Committee Members:** The committee will be made up of volunteers in our community, with the majority of members not employed by the Sterling City Independent School District.

**Meetings:** Meetings will be held in September, January and April.

1. The time and location of meetings will be determined during the September meeting each year.
2. Extra meetings may be held if the committee decides that more time is required to complete a program and/or project.
3. Each member shall be notified of a committee meeting at least five (5) working days before the meeting date or three (3) days if an emergency meeting is called.

Sterling City ISD School Health Advisory (SHAC) Members  
for 2007-2008  
Regarding OBESITY & DIABETES

PARENTS/COMMUNITY		EMPLOYEES OF THE DISTRICT	
1. Cox, Barbi	378-2140 barbicox@verizon.net	1. Guetersloh, Michele	378-2229 michele.guetersloh@netxv.net
2. Navarro, Julia	378-1030	2. Hasty, Ramona	378-2094 ramona.hasty@netxv.net
3. Noletubby, Rusty	650-3951 noletubby5@aol.com	3. Krejci, Amanda	378-7381 amanda.krejci@netxv.net
4. Ramirez, Gloria	378-3306 ghramirez@verizon.net	4. Stucker, Cheri	378-2127 cheri.stucker@netxv.net
5. Rodriguez, Carol	450-3433		
6. Venzor, Sonya	378-2457 jesvenloy6@verizon.net		
7. Yanez, Jan	378-3181 (wk/Sterling City) 453-2461 (wk/Robert Lee) j-yanez@tamu.edu		

Superintendent: Ronnie Krejci (ronnie.krejci@netxv.net)

High School Principal: Vicki Goebel (vicki.goebel@netxv.net)

Elementary/Jr. High Principal: Glenn Coles (glenn.coles@netxv.net)