



## Frequently Asked Physical Education (PE) Substitution Questions

QUESTIONS	ANSWERS
What are PE substitution courses?	PE substitution courses are State Board Of Education (SBOE) approved courses for which students may be awarded PE substitutions based on the physical activity involved in the courses.
What courses are approved for PE substitutions?	<p>SBOE approved courses for which students may be awarded PE substitutions are:</p> <ul style="list-style-type: none"> <li>▪ Band I-IV (fall semester only)</li> <li>▪ Dance I-IV</li> <li>▪ Two- or three-credit career and technology work-based training courses</li> <li>▪ JROTC</li> </ul>
What credit is awarded for PE substitution courses?	Upon completion of one of the courses listed above, a student may be awarded the appropriate credit (e.g., fine arts, career and technology education, etc).
How does the school district award PE credit for PE substitution courses?	In the PE column on the student's Academic Achievement Record (AAR), the school enters a code of "W" to indicate that the PE requirement has been met.
What Career Technology Education (CTE) work-based courses may be used as PE substitutions?	CTE work-based training courses offered by the district that qualify for PE substitutions are a local school district's decision. The 2-3 credit career and technology work-based training courses must be completed in their entirety to substitute for the 1.5 credits for PE.
Is there a substitution course for elementary or middle school PE?	There are currently no substitution courses for elementary and middle school PE. It is a local school district's decision.
What are PE substitution activities?	PE substitution activities are not SBOE-approved as courses and they do not have Texas Essential Knowledge and Skills (TEKS).
What school-based activities may serve as PE substitutions for high school students?	<p>The school district board of trustees may allow students to substitute certain physical activities based on the physical activity involved in:</p> <ul style="list-style-type: none"> <li>▪ Drill team (fall semester only, if not an extracurricular component of Dance I-IV)</li> <li>▪ Cheerleading (fall semester only)</li> <li>▪ Athletics (fall/spring semesters)</li> </ul>
What PE credits do high school students earn if they have participated in two or more years of athletics?	The student who participates in athletics for two (or more) years would earn 1.5 PE credits as required for graduation and .5 elective credits as allowed by the TAC.

QUESTIONS	ANSWERS
<p>How does the local school district award credits on the student's record for school-based PE substitution activities?</p>	<p>Upon completion of one semester's participation in one of the substitution activities listed in the TAC, the student is awarded ½ PE equivalency credit. Use the PEIMS codes of PE EQ 1-4 in the PE column on the student's AAR to indicate that the student has satisfied PE credit requirements.</p>
<p>What are the private or commercially-sponsored on or off-campus physical activities or programs that may serve as PE substitutions?</p>	<p>In accordance with local district policy, a school district may award up to two credits for PE for appropriate private or commercially-sponsored physical activity programs conducted on or off campus. The school district must apply to the commissioner of education for approval of such programs. The school district should follow the guidelines found in the Texas Administrative Code (TAC), Chapter 74, Subchapter F at this link: <a href="http://www.tea.state.tx.us/rules/tac/index.html">http://www.tea.state.tx.us/rules/tac/index.html</a></p>
<p>How does a school district record credit on the student's record for TEA approved on- off-campus private or commercially sponsored activities?</p>	<p>Districts should use a plus (+) sign or other symbol to indicate that a student has met off-campus PE activity requirements for which a grade is optional. This symbol indicates that the student fulfilled the basic requirements for attendance and participation in the substitution activity (e.g., athletics).</p>
<p>Is it against TEA rules to allow off-campus substitution activities for elementary or middle school PE?"</p>	<p>No off-campus substitution activities are specifically authorized in the TAC for elementary or middle school students. Whether to allow off-campus PE substitutions for students in elementary or middle schools is currently a local school district's decision.</p>
<p>Is it possible for a district to design locally developed courses as high school PE substations?</p>	<p>There are very specific SBOE rules regarding PE substitutions for graduation credit. The TEA is unable to authorize any substitutions that do not meet state statutory requirements. In order to award PE substitutions for such activities, a school district would need to be assured that the TEKS for the appropriate PE courses were being covered and/or that the activities meet the requirements of 19 TAC Chapter 74 referenced above. Making this decision is the responsibility of the local school district and should involve recommendations from the local School Health Advisory Council (SHAC).</p>
<p>Are CTE or other innovative courses approved as substitute courses for required PE courses?</p>	<p>Innovative courses are approved for state elective credit only and can never be used to substitute for required PE courses.</p>