

Step 9: Sustain the Program

- Continuing support of the school board and administration is crucial to program's success.
- Ideas that may help sustain support include:
 - Inviting administrators to attend wellness team meetings,
 - Presenting to the school board at least once a year, and
 - Developing a visual record of the program.

Although implementing a school employee wellness program can be complex and demanding, those who have pursued its development found that the rewards far outweighed the challenges.

Useful Tools Included in the Guide

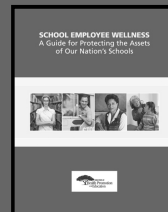
- Sample letter of invitation to join the wellness team
- Employee wellness survey
- Employee health promotion interest survey
- School Employee Wellness Program checklist
- Sample mission statement
- Examples of national health observances

Resources Included in the Guide

- Funding Sources
- Publications

How to Get the Guide

Go to www.schoolempwell.org to download your FREE copy today!



For More Information

Terri Kemp
Texas Department of State Health
Services, Region 7
2408 South 37th Street
Temple, TX 76504
254-778-6744 ext. 2345
www.terri.kemp@dshs.state.tx.us