

Education Service Center Region 12

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/1/2007 CHEESE BURGER CHICKEN TACOS PINTO BEANS Salad, Tossed, LET& Peaches Milk 1% STRAWBERR MILK, NO FAT CHOCO MILK 1% LOWFAT CHERRY GELATIN WHIPPED TOPPING Lite Ranch Dressing GRAHAM CRACKERS	Tue - 10/2/2007 SALISBURY STEAK W Chicken Nugget BAKED BEANS MASHED POTATOES CARROT STICKS Oranges Milk 1% STRAWBERR MILK, NO FAT CHOCO MILK 1% LOWFAT ROLLS,WHEAT Lite Ranch Dressing Honey Pure	Wed - 10/3/2007 HAM & CHEESE ON W Hot Dog -TURKEY FR MACARONI AND CHE Broccoli Salad, Tossed, LET& Grapes MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO Lite Ranch Dressing FRUIT PAN DOWDY	Thu - 10/4/2007 PIZZA ,CHEESEMOZ/ SPAGHETTI/MEAT BA Corn Golden Whole K Green Beans Fruit Cocktail Bread Stick- Garlic MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO	Fri - 10/5/2007 FRITO PIE Chicken Patty on Whe POTATO ROUNDS Salad, Tossed, LET& Strawberry Apple Des MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO KETCHUP MAYONNAISE MUSTARD SALSA
Mon - 10/8/2007 SLOPPY JOE ON WH Corn Dogs Turkey (St MACARONI AND CHE BEANS,RANCH STYL Salad, Tossed, LET& Pineapple Chunks MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO RICE KRISPY TREATS	Tue - 10/9/2007 PIZZA, TONY'S SMAR Steak fingers MASHED POTATOES Green Beans Oranges Salad, Tossed, LET& MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO ROLLS,WHEAT Gravy Pepper FAT FR Lite Ranch Dressing	Wed - 10/10/2007 Chicken Patty on Whe TACO,BEEF Potato Wedges Salad, Tossed, LET& Apple Brights MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO MAYONNAISE REDUC KETCHUP	Thu - 10/11/2007 FISH BURGER W/ WH Chicken Spaghetti Green Beans Peas & Carrots Rosy Applesauce ROLLS,WHEAT MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO KETCHUP TARTAR SAUCE (CO Strawberry Banana Fr WHIPPED TOPPING	Fri - 10/12/2007 BURRITO- CHEESE, B HAM & CHEESE ON W Salad, Tossed, LET& CORN, CND /MARGAR Pears MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO Lite Ranch Dressing PUDDING, VANILLA, WHIPPED TOPPING
Mon - 10/15/2007 Chicken Patty on Whe NACHOS WITH GROU Beans, Charro Salad, Tossed, LET& Pineapple Chunks MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO MAYONNAISE KETCHUP SALSA,COMMODITY CORN BREAD BROWNIES	Tue - 10/16/2007 SALISBURY STEAK W PIZZA ,CHEESEMOZ/ MASHED POTATOES Broccoli/Cheese Sau Bananas ROLLS,WHEAT MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO Gravy Pepper FAT FR Honey Pure	Wed - 10/17/2007 LASAGNA WITH GRO Tuna Salad on Bun VEGGIE DIPPERS Green Beans Pineapple Chunks Bread Stick- Garlic MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO APPLE CRISP	Thu - 10/18/2007 Enchiladas with Chili CHICKEN TACOS REFRIED BEANS SPANICH RICE Rosy Applesauce MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO CORN BREAD	Fri - 10/19/2007 Popcorn Chicken HAMBURGER ON WH French Fries Lettuce,Tomato,Pickl Apple Brights MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO KETCHUP MAYONNAISE REDUC MUSTARD Fruit Bar Frozen ROLLS,WHEAT
Mon - 10/22/2007 Hot Dog -TURKEY FR RIB SANDWICH MACARONI AND CHE CELERY STICKS Lite Ranch Dressing Lettuce &Tomato Sal Apples/Cinnamon Hot PEANUT BUTTER BA MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO MUSTARD KETCHUP MAYONNAISE REDUC	Tue - 10/23/2007 Chicken Nugget MACARONI & BEEF Green Beans Peas & Carrots Oranges ROLLS,WHEAT MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO Honey Pure APPLESAUCE CAKE	Wed - 10/24/2007 Oven Fried Chicken HAM & CHEESE ON W Potatoes Au Gratin (U CALIFORNIA VEGGIE Fresh Apple ROLLS,WHEAT MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO Honey Pure	Thu - 10/25/2007 CHEESY CHICKEN OV Pizza Carrots-Glazed Corn on the Cob Grapes Texas Toast MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO	Fri - 10/26/2007 DELI SUB Fish Strips BEANS,RANCH STYL CONFETTI COLESLA FRUIT SALAD Hushpuppies MILK 1% LOWFAT Milk 1% STRAWBERR MILK, NO FAT CHOCO KETCHUP TARTAR SAUCE (CO ICE CREAM,VANILLA
Mon - 10/29/2007	Tue - 10/30/2007	Wed - 10/31/2007		