

Fruited Gelatin

Fruit

Fruit

Region 12

Notes:

Marketing Guide for Selected Items

Food as Purchased for	50 Servings	100 Servings

Serving:

Serving is ¼ cup fruit

Yield:

50 Servings:

100 Servings:

Volume:

50 Servings:

100 Servings:

Nutrients Per Serving

Calories	60	Saturated Fat	0.01 g	Iron	0.22 mg
Protein	0.68 g	Cholesterol	0	Calcium	6.01 mg
Carbohydrate	15.05 g	Vitamin A	170.5 IU	Sodium	32 mg
Total Fat	0.05 g	Vitamin C	6.82 mg	Dietary Fiber	0.80 g

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