

Strawberry Apple Dessert

Fruit

Dessert

Region 12

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Strawberry gelatin	4.87 lb		9.75 lb		1. Stir gelatin into boiling water, until completely dissolved.
Water (boiling)		3 qt + 1 cup		1 ½ gal + 2 cups	
Applesauce		2 ¼ #10 can		4 ½ #10 can	2. Stir in applesauce. Mix well.
					Pour into ivex or portion controlled dishes using ½ cup mixture into each dish to gel.
					Chill until firm.
					Each ½ cup portion provides ¼ cup fruit.
					HACCP Process: #1 No Cook
					CCP: Hold for cold service at 41° or lower.



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Notes:

Marketing Guide for Selected Items		
Food as Purchased for	50 Servings	100 Servings

Serving:	Yield:	Volume:
½ cup serving provides ¼ cup of fruit.	50 Servings:	50 Servings:
	100 Servings:	100 Servings:

Nutrients Per Serving			
Calories	265	Saturated Fat	0.04 g
Protein	2.57 g	Cholesterol	0 mg
Carbohydrate	66.21 g	Vitamin A	15 IU
Total Fat	0.24 g	Vitamin C	30.29 mg
		Iron	0.47 mg
		Calcium	6.56 mg
		Sodium	181 mg
		Dietary Fiber	1.60 g

This service is provided through the Texas Department of Agriculture's school nutrition education and outreach program funded by the U.S. Department of Agriculture, Food & Nutrition Service.

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